



BOURNE U3A NEWSLETTER

JANUARY 2020

u3abourne.org.uk
REGISTERED CHARITY NUMBER 1100094

Photograph of the Month: St Peters Pool, Bourne by Dave Pask

Chairman's Chat

One of the things I loved about teaching was meeting remarkable young men and women who taught me as much as I taught them. One, that sticks in my mind is Sarah Outen. I never taught Sarah but worked with her when she came back from university to help out supervising Duke of Edinburgh expeditions. Sarah had an infectious positive outlook and boundless energy. She was also something of a restless spirit and was looking for a challenge after graduating from university. She decided to become the first woman to row the Indian Ocean.

The D of E team experienced a jaw-dropping moment when we learned of her plans and that was followed by many heart-stopping moments as we followed her progress across the ocean, from escaping treacherous currents around the Australian coast, through violent storms, to a dramatic and dangerous arrival in Madagascar. She survived the experience but had a taste for adventure and decided to follow up by circumnavigating the globe entirely by human power.

To go around the world, she kayaked down the Thames and across the Channel, cycled across Europe and Asia, kayaked to Japan and then rowed across the Pacific before cycling across North America. In the end, she was defeated by violent storms and exhaustion as she tried to row across the Atlantic, but it is an epic story and truly heroic. In one of her blogs during the round the world trip she talked about the adventures that ordinary people could have. Not everybody has the time or inclination to row an ocean, but we can all do something out of the ordinary. We can have our own micro-adventure. In my case, it is walking the South West Coast Path in bite sized chunks, but it can be anything that you do not usually do and just nudges you beyond your comfort zone. It could be something as simple as exploring a new route to walk into town or going to Peterborough on the bus rather than in the car. It does not matter what it is as long as it is something you have not done before and are not sure about.

Having a micro-adventure strikes me as a very good thing to do. It's making yourself experience something new. You might not like it – in which case, don't do it again. On the other hand, it might open a whole new world to you. Either way, new experiences might tell you something about yourself and your capabilities. It doesn't matter how old or unfit you are or how trivial the challenge might seem to others. The key is to go and do something – anything – that is different and just a little bit challenging to test your mettle. Go on, make 2020 the year you have a micro-adventure. Happy New Year everybody.

Cheers,

Malcolm

We welcome the following members who have joined us recently and hope all enjoy participating in the various activities:

*Susan Dickens, Glyn Jones,
Anne and Gordon McDermot, Susan Slowey*

New Members Meetings

Meetings are held in the Windmill Room in Wake House from 2pm to 3pm. Details of future meetings are published in the Newsletter and on the rolling screen at the monthly Monday meetings.

The following speakers have been booked for forthcoming Monday monthly meetings at the Corn Exchange which has a hearing aid loop system. Doors open 1.45 pm with Meetings starting promptly at 2.15 pm	
Date	Speaker and Subject
2020	
20 January	CHANGE OF SPEAKER Emma Sheardown - <i>From Therapy to World Champion</i>
17 February	Sam Dobson – <i>Sir Malcolm Sergeant, local hero</i>
16 March	Steve Short - <i>David Niven, It's magic</i>
20 April	Tony Hadfield - <i>Islay and the poetry of peat</i>
18 May	Annual General Meeting - <i>Drama Group</i>
15 June	Clive Simpson – <i>What do we do with Space – the final frontier?</i>
20 July	Ken Davies – <i>Rutland Osprey Project</i>
17 August	Jane Barnes – <i>The Delight of Dairy Farming</i>
21 September	Rob Eastaway - <i>Maths – the beautiful drama</i>
19 October	David Templeton - <i>Mary Queen of Scots, from Sheffield to Fotheringhay</i>
16 November	Liz Fleuty - <i>Living Waters – The Canal and River Trust in the East Midlands</i>
14 December	Jenny Westwood – <i>The Bourne Connection: gaining an education in Nyansakia</i>

ROTAS FOR THE COMING MONTHS				
<i>Please let Bill Reid know if you or your Group are unable to help on any of these occasions. Thank you for your continued support. Tel: 01778 570234</i>				
	January	February	March	April
DESK CLERKS	Jane Christmas Chris Cooke	Eleanor and John Boss	Please contact Bill Reid for details as none received	
VISITOR HOSTS	Jeannette Marshall Pat Howes Eleanor Boss	Michael & Margaret McGregor Deirdre Neagus		
REFRESHMENTS	Art History 2	Canasta		

Committee Page

Chris and Jackie Searl have informed the Committee that they will not be standing for re-election in May 2020. Phil Pavier is willing to take on Chris' Webmaster role but that will leave us with two crucial jobs to fill: Secretary and Newsletter Editor.

The Newsletter editor is currently not a Committee post, but it is a vital job – no Editor, no Newsletter.

The Secretary is our link to the outside world, as well as keeping minutes and informing the Committee about its obligations.

If you are interested in either post, please have a word with Chris, Jackie (preferably after 1pm), or a member of the Committee.

We are also looking for a home for the tea things we use for the Monday meeting. We need somebody to store the plastic cups and holders together with the other tea and coffee things and then ensure they get to the Monday meeting in good time. Please see any member of the Committee if you are able to help with this.

Finally, some good news. Gill Stoneman has been looking after the organisation of the Speakers that Richard Morrison arranged and doing an excellent job. This was only a temporary arrangement, but I am pleased to say that Gill has agreed to take on the Speaker Finder role on a permanent basis and will be joining the Committee.

Malcolm Scriven

MEMBERSHIP RENEWAL

I hope you are all relaxed now having had a wonderful Christmas and not partied too much on New Year's Eve. I would just like to remind you that January is U3A Membership renewal time.

There is a membership renewal form attached to the back of this newsletter, it can also be downloaded from the Bourne U3A Website or picked up from our monthly meeting. Once completed, it can be posted or dropped off at my address which can be found on the form.

You can also hand them in at the monthly meeting, not forgetting the payment of course and ticking the box for Gift Aid if you currently pay income tax. Renewals are due by the 31st January 2020.

Many thanks
John Owen
Bourne U3A Membership Secretary.

SCIENCE AND TECHNOLOGY – MALCOLM SCRIVEN

Tuesday 4 February 2020

How a Guitar String Sends Out Its Sound

David Bailey

St Firmin's Church Hall, Thurlby, PE10 0EH

Refreshments from 9.30am – Talk Starts at 10.00am

Details from Malcolm Scriven 01778 426483

LET'S MAKE MUSIC – MALCOLM SCRIVEN

Tuesday 28 January 2020

14.00 – 16.00

Solo Pieces 20 - 40 bars

5 Sycamore Close, PE10 9RS

ANYTIME OUT – JANET BURTON

33 members of the Any Time Out group visited the Hare and Hounds at Haconby for Christmas lunch on Thursday December 5th. We arrived between noon and 12:30 so that we could all buy our drinks and be sitting down ready to eat a meal by 12:45. Three tables each seating 11 people were beautifully set with Christmas Crackers and christmassy napkins, so they looked lovely.

We were offered a choice of mulled wine or orange juice before we started to eat. Lunch had been pre-ordered and was absolutely delicious. 2 years ago, the group made the choice not to have any starters as we found if only a few people had them it held up the rest of us. The choice of main course was either Turkey, Salmon or Roast Beef. Speaking for myself the Salmon was absolutely exquisite and not the usual small size which one buys in a supermarket. The choice for desserts were traditional Christmas pudding, Trifle, Pavlova or Black Forest Gateau. Once again all of which were absolutely delicious. I am a Pavlova person and it was superb.

Our thanks to Derek and Mary, especially Mary who is the Cook at the Hare and Hounds. They have done our Christmas parties for the last 3 years and we will miss them greatly once they retire. This was our last meeting for 2019 and we will start again in February. With best wishes for a happy New Year to you all from a very replete Janet Burton.

Group News

POETRY GROUP - PHILIP DUNKERLEY

For our last meeting of 2019, with the days shortening and Festive Lights appearing both inside and outside Bourne homes, the Poetry Group looked at a selection of 'Winter' and 'Year End' poems.

As our contribution to Bourne U3A Members' enjoyment of this time of both darkness and light here is one of John Clare's wonderfully observed poems about winter life in the Fen-edge fields around Helpston:

Sheep in Winter - John Clare (1793-1864)

The sheep get up and make their many tracks
and bear a load of snow upon their backs,
and gnaw the frozen turnip to the ground
with sharp quick bite, and then go nosing round
the boy that pecks the turnips all the day
and knocks his hands to keep the cold away
and laps his legs in straw to keep them warm
and hides beneath the hedges from the storm.

The sheep, as tame as dogs, go where he goes
and try to shake their fleeces from the snow,
then leave their frozen meal and wander round
the stubble stack that stands beside the ground,
and lie all night and face the drizzling storm
and shun the hovel where they might be warm.

And to all Bourne U3A Members, from the Poetry Group: 'May 2020 be a year of plenty!'

CHURCH VISITING GROUP – JACKIE SEARL

The Group will be enjoying indoor meetings in the cold months of January and February. To start the year, Jill Collinge will be giving a talk entitled "*Bell, Book and Candle*". In February several members will be giving short presentations on a variety of subjects loosely related to the Group name and will be followed by a bring-and-share informal lunch. Subjects will include *The Italian Chapel* in Orkney and *Find Them. Burn Them.*

Meetings take place on the 4th Thursday each month except December in the Baxter Room, Wake House starting at 10.30am with new members welcome.

Group News

MUSIC FOR PLEASURE - MARGARET SHEPHARD

Unfortunately, the numbers in this group have dwindled because of the death of one member and the subsequent house move of her widower, followed by the ill health of two other members who can no longer attend.

As group leader I am seriously considering the future of the group as it is now so small. I would be delighted if we could find some new members and we would welcome them with open arms.

We meet at 2.30 p.m. usually on the first Wednesday of each month, at someone's house to listen to tapes, discs and vinyl records. Our tastes are very eclectic, ranging from light classical to pop songs of the fifties and sixties. We listen to Gilbert and Sullivan, Songs from the Shows, dance music from our youth, modern 'good' singers (not boy bands), symphonies, arias and anything else you might think of. We take it in turns to act as host and the host for the day usually picks the music. Do not be put off if your house is not suitable – there is no obligation to have a turn. If you do not have your own discs etc. just come and listen to other people's. If transport is a problem, we can usually arrange for you to be given a lift.

I know that these days it is usual to listen to music by yourself through your headphones or by streaming (though I don't know what that means!) but at our age it's much more enjoyable to sit in a comfy chair and listen in the company of others, with a cup of tea and a biscuit included.

If you are interested, please contact me on 01778 425778. We would be delighted to see you.

BASIC MENS COOERY – ALAN PALMER

It has become a "tradition" for John to host our Christmas Lunch and as you can see from the photos the ingredients he chose were cooked to perfection by the group members!!!

It really is a great format for a group providing useful cooking practice and great fun and if anyone would like to start a second group we would welcome them at one of our meetings to see how we do it.

Best to keep the numbers to a maximum of five as any more than five men in a domestic kitchen could cause chaos.



Group News

CREATIVE WRITING GROUP ONE – TONY GRAY

Our latest booklet “Bourne to Write 6” proved to be a very successful “Christmas Stocking Filler?” We hope that all our readers enjoyed our stories, poems and puzzles as much as we enjoyed writing them!

A sincere “Thank you” to all U3A members who supported our efforts. Janet Dowse

If you're trying to fill out your day
And your hair has gone or turned grey.
Don't dither and wait -
Dip your toe in the lake
Of interests at Bourne U3A



A Happy and Healthy 2020 from Creative Writing 1

Advance Notification

The U3A Science Network is returning to Conference Aston from **10 to 13 August 2020** for its 17th annual residential meeting – a mixture of talks, visits and socialising. You don't need any specialist knowledge to enjoy the meeting, just an interest in the world around you. Activities are designed to appeal to anyone with an interest in the world around them and to provide opportunities for sharing their interest and knowledge.

Talks on the following subjects will be included:

- *Indigo,*
- *Vitamins are vital but what exactly do they do?,*
- *How the Internet Works,*
- *The rise, fall and rise again of Aspirin,*
- *Darwin the Geologist and his later interest in biology and evolution,*
- *A taste of the science of Chocolate;*
- *the Fascinating World of Radiology,*
- *50 shades of Grey;*
- *Benford's Law: a quirky corner of mathematics,*
- *Medical computing: computer systems used in hospitals.*

Two Workshop sessions will take place on Wednesday morning:

Tomorrow's world - The world of 2040 and What is a gene and how does it work?

Visits have been arranged to Soho House <https://www.birminghammuseums.org.uk/soho>

and to The Lapworth Museum of Geology
<https://www.birmingham.ac.uk/facilities/lapworth-museum/index.aspx>

An **Evening** session on **Tuesday** is a great opportunity for viewers and participants alike to enjoy the "*Spaghetti & Marshmallow challenge*" - build the tallest free-standing tower just using 20 sticks of 'uncooked' spaghetti, one marshmallow and Sellotape.

Wednesday evening is devoted to demonstrations from members who have created interesting demonstrations which they've shown to their own U3As. This is an exciting evening, full of surprises.

This is the link to the write-up on the Science Network website which contains more detail about the 2020 meeting <https://u3asites.org.uk/code/u3asite.php?site=285&page=1>

Local Charity Events

These events are neither organised by the U3A nor are they for commercial gain. Any member may suggest a suitable entry for this page on similar lines, but publication will be at the discretion of the Editor. There will be just one page per month.

Two events in aid of the Bourne Old Town Hall Restoration Fund

Saturday 15th February 1.30pm-3.00pm
£7.50 includes free entrance to Read Dating (see below)

Creative Writing Workshop – write a great story

With local best-selling author Ros Rendle (and Bourne U3A member).

Full of information and practical activities.

Further info. from www.bournetownhall.org.uk/events

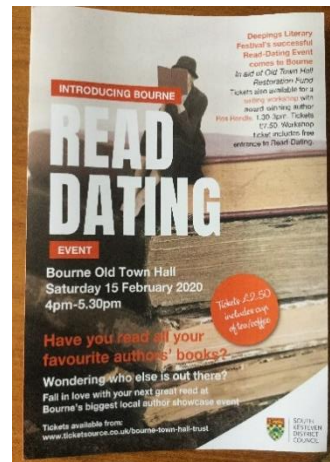
Saturday 15th February 4pm-5.30pm

£2.50 (includes hot drink)

Speed Dating? No!. This is Read Dating

Meet several local published authors. Spend 10 minutes asking questions and finding your next great read. Signed copies of books available.

Tickets from: www.ticketsource.co.uk/bourne-town-hall-trust or pay on the door.



GROUP VACANCIES

GROUP	VACANCIES	CONTACT	MEETING
Antiques & Collectables	NO LIMIT	01778 393017	2nd Monday afternoon every month
Anytime Out	9	Janet Burton	1st Thursday morning every month
Art	2	01778 422019	Every Thursday afternoon
Aviation History	NO LIMIT	simplyjohn@outlook.com	4th Thursday afternoon every month
Birdwatching / Natural Hist	6	01778 426255	1st Friday of the month
Canasta	NO LIMIT	01778 421 295	2nd and 4th Tuesday mornings
Church Visiting	6	01778 422518	4th Thursday morning
Classical Music	5	01778 421864	3rd Tuesday every month Afternoon
Clay Pigeon Shooting	NO LIMIT	Gerry McLean	The first Friday of every month
Computer Tutoring	NO LIMIT	07852 532276	As required
Creative Writing 2	4	07940 714914	1st Monday afternoon every month
Desk Clerks	NO LIMIT	Bill Reid 01778 570234	At the main Monday meetings
Discussion	3	discussion@u3abourne.org.uk	3rd Thursday Morning of each Month
Drama	3	01778 426617	usually a Wednesday afternoon (once a month)
Drawing and Painting	1	07752342671	Every Tuesday morning
Friday Striders	2	bourneu3a.walk@gmail.com	Friday mornings twice a month
Gardening	2	janetblacoe@gmail.com	1st Tuesday afternoon every month
Green Bowls	NO LIMIT	01778 424137	Every Monday 12oclock and TUESDAY 11am INDOORS
Jazz	4	01778 425525	Thursday evening every 4 weeks
Jigsaw Exchange	NO LIMIT	Richard Horne 01778 571992	3rd Friday of the month
Kurling	NO LIMIT	07759 677012	2nd and 4th Wednesday mornings of each month
Ladies Fun and Exercise	NO LIMIT	01778 421020	2nd and 4th Tuesday mornings every month
Let's Make Music	NO LIMIT	Malcolm Scriven 01778 426483	4th Tuesday afternoon every month
Lunch Weekday 1	1	01778 701068	1st Thursday afternoon every month
Meeters & Greeters	NO LIMIT	Bill Reid 01778 570234	At the main Monday meetings
Music for Pleasure	3	01778 425778	First Wednesday in month.
New Members	NO LIMIT	groups@u3abourne.org.uk	As announced in the Newsletter see Group Leader(s)
Photography	17	01778 426255	1st Wednesday of the month
Play Reading	1	01778 219447	1st and 3rd Wednesday mornings every month
Poetry 2	NO LIMIT	01 778 570 915	TBA
Railway	1	01778 426617	First Wednesday of each month at 14.00Hrs
Reading 4	3	01778 422391	Last Tuesday morning every month
Reading Bourne	1	whitfieldhm@gmail.com	1st Friday morning every month
Reading Morton	1	01778 571213	1st Friday morning every month
Science and Technology	NO LIMIT	Malcolm Scriven 01778 426483	1st Tuesday morning every month
Singing for Pleasure	4	Marjorie Wright 01778 422252	2nd and 4th Wednesday afternoons every month
Snooker (2)	3	01778 426904	Tuesday PM
Table Tennis	2	David Moisey 421864	Every Tuesday, Wednesday and Friday Afternoon
Tap Dancing	NO LIMIT	01778 560548	Every Thursday of the Month
Ten pin Bowling	NO LIMIT	airforce1.dr@gmail.com	Every Wednesday Morning
Theatre Visits	5	01778 393544	2nd Monday afternoon every month
Wayfarers Walking Group	NO LIMIT	Bill Reid 01778 570234	2nd and 4th Tuesday Mornings at 10.30 every Month
Wine Appreciation 2	3	geraldblacoe@gmail.com	4th Friday evening every month except December

BOURNE U3A COMMITTEE 2019 – 2020			
TITLE AND/OR JOB	NAME	PHONE 01778	E MAIL
CHAIRPERSON	MALCOLM SCRIVEN	426483	chairman@u3abourne.org.uk
VICE CHAIRMAN	JOHN OWEN	420378	vicechairman@u3abourne.org.uk
SECRETARY	CHRIS SEARL	422518	secretary@u3abourne.org.uk
TREASURER	TONY GRAY	394588	treasurer@u3abourne.org.uk
JOINT GROUPS AND NEW MEMBERS CO-ORDINATORS	KAREN KNOTT and PENNY NEAL	421131 422562	groups@u3abourne.org.uk groups@u3abourne.org.uk
MEMBERSHIP SECRETARY	JOHN OWEN	420378	membership@u3abourne.org.uk
PUBLICITY OFFICER	MARTIN ADKINS	07852 532276	publicity@u3abourne.org.uk
ROTAS	BILL REID	570234	rotas@u3abourne.org.uk
SPEAKER FINDER	GILL STONEMAN		speakers@u3abourne.org.uk
COMMITTEE	PAT HOWES		groups@u3abourne.org.uk
NON-COMMITTEE APPOINTMENTS			
DATA MANAGER (incorporating Beacon Administration, Webmaster, Meeting Display and Computer loan)	CHRIS SEARL	422518	data.mgr@u3abourne.org.uk
NEWSLETTER EDITOR	JACKIE SEARL	422518	newsletter@u3abourne.org.uk
RAFFLE ORGANISOR	JANET BURTON	426462	raffle@u3abourne.org.uk
<p>I welcome reports of Group activities with photographs, if applicable.</p> <p>The copy date for the February issue is 9am on Saturday, 1 February 2020</p> <p>Please e-mail your copy and pictures to newsletter@u3abourne.org.uk or post to <i>Jackie Searl, 6 Lilac Close, Bourne, PE10 9TS</i> <i>I reserve the right to either bring this date forward or retard it if my personal circumstances dictate.</i></p>			

For internal use:

Date Received	Amount Paid	Trans. Number	Mem. Number/s	Mem. Year	Initials and Last Name
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Bourne U3A Membership Application/Renewal

YOUR DETAILS (Please complete in BLOCK LETTERS ONLY, INCLUDING EMAIL ADDRESS)

Member 1

Title	Forename(s)	I like to be known as:
Surname		
Email		Telephone:
		Mobile:
Address		
Postcode		

Member 2 – only if resident at the above address

Title	Forename(s)	I like to be known as:
Surname		
Email		Mobile

MEMBERSHIP FEES PER YEAR

- One member £12.00 Two members at the same address £24.00
- Associate Member £9.00 annually
(Member of another U3A. Evidence required) Part-year from Sept 1st until December 1st £7.00

If you join after December 1st, you will be asked to pay the full fee of £12.00 which will then cover your subscription for the next 13 months.

This form plus payment should be handed to the Membership Secretary at the monthly meeting or sent to
U3A Membership Secretary, 31 Essex Way, Bourne, PE10 9NH.

Membership fees are payable by (please tick one):

- Bank transfer to Sort Code: **40-12-32** Cheque payable to "Bourne U3A" Cash
Account Number: **91230433**

Reference Your Membership: **Number**

GIFT AID: If you pay income tax and are willing to Gift Aid your subscription, please tick the appropriate box

Member 1

Member 2

The amount of tax you pay personally must exceed the tax recoverable from ALL your gift aid donations. Basic rate tax is 20%, this means that if you give £12 using Gift Aid your subscription to the charity is worth £14.40. For full details see www.hmrc.gov.uk/individuals/giving

I/We apply for membership of Bourne U3A and confirm that I/We have read and will abide by the terms and conditions of membership as shown on the member's page of our website. I/We confirm that the form was completed by myself/ourselves. I/We will make full payment of fees due as soon as is reasonably practicable. **By signing this form, you confirm you are not in full-time employment and note that your Membership Records will be kept on a computer database that complies with the GPDR Legitimate Interest requirements. Your data will not be shared with third parties without your specific consent.**

Signature Member 1

Date

Signature Member 2

Date

Are you happy to be added to the direct mailing list for the Third Age Trust magazine – Third Age Matters? If so, please tick the box I consent to my data being shared with the company who oversees the distribution of the Trust Magazines.

Note that if you do not tick the box, you will not receive Trust Magazines.